



Luther High School

1501 Wilson Street
Onalaska, WI 54650
608-783-5435



July 6, 2020

Update #1

In this Update:

- **School Reopening**
- **Athletics Updates**
- **Bus Registration**

This is the first of weekly updates that will come out each Monday to help keep you informed about what's happening as we continue to muddle through the summer months and look forward to the start of a new school year and sports seasons. Your school administration is meeting weekly – sometimes daily – with various entities to gather as much information as possible to return to school and sports safely. Your patience is greatly appreciated as we sift through all of the guidance that has been given.

Currently, we are using the La Crosse County Health Department's guidelines, along with WIAA guidance to make our decisions on how and when we can start school sport programs and to what degree we can offer them. La Crosse County developed a Covid-19 Compass Snapshot <https://www.lacrossecounty.org/covid19>. The compass contains 4 risk levels (Severe, High, Moderate, Low) and is updated each Wednesday of the week. The current risk level for our region is severe. With that level, all face-to-face school-sponsored activities are cancelled. This would include the facility and campus. It is possible to offer some activities through virtual means.

School Reopening

As we move forward to the school year, we have confirmation from the La Crosse County Health Department that schools will be able to reopen in the fall. In some way, we will have students in school at Luther High School during the 2020-21 school year. The administration is working with the La Crosse County Health Department and school districts in the county to determine how to open schools safely for our students and staff. As more detailed information is available, we will send it out to you. To help our administration make the best decisions, please fill out the questionnaire on this Google link by July 13th: <https://forms.gle/2CdWJVnd5dWomkeV6>.

Contact Days

The July 8 football contact day WILL continue, but in a virtual mode. Juniors and seniors will meet via Zoom at 8:30 am. Freshmen and sophomores will meet at 9:30 am. Any athletes wanting to be a part of this program should have received information (which includes access codes) from the football coaching staff. If you have not, please contact [Coach Matt Schiebel](#) (608-799-2779 - cell).

The following contact days/camps have been cancelled:

- July 8 Softball (may be rescheduled)
- July 9 Girls Tennis (may be rescheduled)
- July 13-15 Boys Basketball (no planned reschedule date)
- July 15-17 Band Camp (no planned reschedule date)
- July 17 Football (may be rescheduled)

Weight Room Remodeled and Rebranded - The Fitness Center!

Through the support and donations of our families at Luther High School, we are blessed to have new equipment for our newly-remodeled fitness center. With the donations, we were able to purchase new squat racks, adjustable benches, dumbbells, and a cable cross machine. We are excited for the students to use this new equipment and demonstrate their God-given gifts and abilities throughout the school year.

A HUGE thank you to those who either helped fund the new equipment, tear out the old, repaint the fitness center, or haul and install the new equipment. Now it's just waiting for Luther Knights to make great use of it! Are you ready?

Plans to open the Fitness Center are in the works. Once the risk level turns to Orange we will be opening on a limited basis with 10-15 people allowed per session. Morning and evening sessions are being planned, each lasting about 50 minutes. Protocols for cleaning, disinfecting and social distancing will be in place. Participants would need to sign up in advance for their time slot. We hope to have more specific information in the July 13 update.

Sport Physicals

Reminder to anyone that is planning to participate in a sport this coming school year - A SPORT PHYSICAL IS STILL REQUIRED FOR PARTICIPATION.

If your physical was completed on or after:

- | | |
|----------------|--|
| April 1, 2020 | You are all set - please submit physical to the Athletic Office.
Make sure that the doctor and parents have signed AND dated the physical form. |
| April 1, 2019 | We should have these on file. Contact Dulcey Zillmer to confirm. |
| April 1, 2018* | You will need a NEW physical completed prior to the first day of your practice. |

*For those needing new physicals who have an expiring physical which was on file at the school, an extension has been granted for the fall season. Please [CLICK HERE](#) to complete an extension application. This should be returned to the Athletic Office.

Please contact [Joel Babinec](#) if you have any questions about sport physicals for the upcoming school year.

Bus Registration: 2020-2021 School Year

<http://lutherhigh.org/student-life/transportation>

If you plan to use bus transportation to transport your students to Luther High School during the am or pm runs at any time during the coming school, you must register your student. Please follow the link above for the registration file. You should complete one registration PER CHILD. **Registrations should be completed by July 15.** If you have registered already, THANK YOU!