

# Luther Knights



Athletic Handbook

2018-19

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## Introduction

The faculty and coaching staff at Luther High School pray that your experiences in athletics will be a successful and rewarding part of your Christ-centered education, therefore students who desire to participate on athletic teams at Luther High School should be aware of the responsibilities placed upon them by accepting the privilege of participation.

## Purpose

The purpose of this handbook is to give the student-athlete an understanding of:

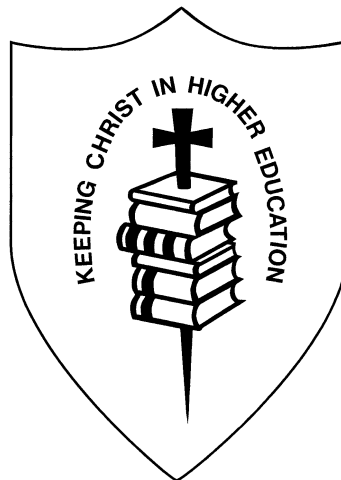
- 1) the Christ-centered philosophy of Luther High School,
- 2) his/her responsibility in the athletic program, and
- 3) school procedures relating to athletics.

## Philosophy

The mission of Luther High is to provide a Christ-centered education that encourages and equips students for life and for eternity. Because the “fear of the Lord is the beginning of wisdom” (Proverbs 1:7), all teaching and training at Luther High School rests upon and is drawn from God’s Word. Thus, through the operation of the Holy Spirit, God’s Word is the vital force and determining standard of all instruction; its injunctions and principles permeate all activities. Athletics is one part of the total educational experience. All aspects of athletic training and competition also find their purpose in God’s Word that commands us to preserve our bodies, the temples of the Holy Spirit (I Cor. 3:16-17), and to do “all things to the glory of God” (I Cor. 10:31).

## Process

We will teach student-athletes to develop self-discipline, commitment, motivation, honesty, humility, loyalty, cooperation, fair play, good sportsmanship, and sanctification as young Christians.



## Sports Offered

Girls	Fall season	Cross Country, Tennis, Volleyball
	Winter season	Basketball
	Spring season	Softball, Track & Field
Boys	Fall season	Cross Country, Football
	Winter season	Basketball, Wrestling (Co-op), Hockey (Co-op)
	Spring Season	Baseball, Golf, Track & Field

## Cooperative Teams

Luther High School offers cooperative sport opportunities in gymnastics, boys hockey\* and wrestling. Through this co-operative sport effort, students at Luther are able to experience the team participation in high school sports. It also affords the Luther High School athlete with a unique opportunity to witness his/her faith through sport.

Parents of participating athletes are the first and foremost liaison between the host school and Luther High School. It is imperative that any concerns regarding events that may conflict with the mission of Luther High School be communicated with the Luther High School Athletic Director immediately.

A meeting with parents, athletes and athletic director will be scheduled at least two weeks prior to the season start.

There may be additional fees charged for the cooperative team experience. Any additional fees will be identified prior to, but no later than the pre-season meeting with parents. Generally, the additional cost associated with the cooperative team is borne 100% by parent. 75% of the estimated cost must be made prior to the first practice of the season. The remaining balance shall be paid in full at the time of final billing from the lead school of the cooperative team. If the cooperative agreement stipulates a flat-fee per athlete, then 100% of that payment must be made prior to the first practice. Any refund of the cooperative participation fees will follow the guidelines established by each individual cooperative team. This cooperative fee is in addition to the normal athletic fee assessed by Luther High School.

Athletes will complete an end of season survey regarding their experience.

## **Student Athlete Responsibilities**

Athletic participation is a privilege offered to all students who meet team requirements and are willing to assume the responsibilities of team membership. As redeemed children of God and as an expression of his/her faith, the student-athlete will strive to:

- 1) Witness his/her love for his/her Lord by representing Him, his/her parents, school, community and himself/herself properly at all times.
- 2) Display Christian behavior at all times.
- 3) Display respect for rules, officials, coaches and all in authority.
- 4) Display a spirit of cooperation and teamwork.
- 5) Follow the rules and regulations included in this handbook.
- 6) Follow the guidelines of each coach as outlined at the pre-season meeting.

## **Cutting Procedures**

Luther High School Athletic Department will make an effort to keep as many athletes as the facilities and program dictate. It is also a reality that in some cases cuts must be made. When cuts must be made, the student should expect to meet privately with the coach for an evaluation of his/her strengths and weaknesses. This policy flows out of the love that our Savior shows us and that we in turn show our athletes.

## **Injuries**

In the case of injury, the coach should be notified immediately. An athletic trainer is available during the week for student-athlete use. A schedule will be posted by the training room, which is located in the hallway between the locker rooms. In addition to weekly visits, an athletic trainer will also be available at all home games.

## **Insurance**

Anyone participating in interscholastic athletics should have adequate personal insurance. Luther High School does not have insurance to cover athletic injuries.

## **Out-of-Season Participation**

Students may voluntarily assemble at any time without school and/or school coach involvement.

The WIAA has rules in place to allow for some coaching contact during the summertime. Complete policy may be found in the WIAA Senior High Handbook, Article VI, Section 2. The Senior High Handbook is found under the “Schools” and then “Forms & Publications” tabs.

## Playing Time

Participating in high school sports is a privilege afforded to students. In team sports, a group of individuals with uniquely different talents and abilities comes together and collectively works as one unit. It is the responsibility of the head coach to balance the responsibility of teaching the fundamentals of sport specific skills and blending the group of individuals into a competitive team.

At the Freshmen and Junior Varsity levels, the primary goal is to teach the athletes the fundamentals of the game. Teaching is to be the coaches' primary objective.

At the Varsity level, coaches will continue to emphasize the objectives (self-discipline, honesty, humility, etc.) taught at the Freshmen & JV levels. They will also continue to provide additional opportunities for those athletes whom the Lord has uniquely gifted and have demonstrated dedication, desire, and discipline to be successful in athletic competition.

Every effort will be made to give all student-athletes as much participation as possible, but the athletes must be willing to sacrifice their own goals in favor of the goals of the team.

## Player Support of Athletic Programs

An athlete supports his/her team by demonstrating his/her commitment to the TEAM. When an athlete accepts a position on a team, he/she makes a commitment to his/her team. That commitment includes, but is not limited to:

- ★ Demonstrate loyalty to the team
- ★ Respect for officials, coaches and others in authority
- ★ Honor all team rules established by the coach
- ★ Honor Athletic code of conduct (see pages 10-12)
- ★ Daily study of God's Word

The nature of team sports requires that all members of the team work together toward a common goal or purpose. This cannot be accomplished when team harmony has been disrupted by one team member criticizing the efforts of another, or by being jealous of the participation of another team member. If an athlete makes a mistake or performs poorly, criticism by his fellow teammates will not correct the mistake nor will it likely improve his effort.

Criticism of coaching decisions or second-guessing of strategy does nothing for the confidence of the team as far as their coaches are concerned, nor does it help the concentration of the coaching staff.

Support and encouragement and helpful suggestions and reminders to fellow teammates will help the entire team and keep a God-pleasing focus and a positive attitude.

Out of love for the sacrifice our Savior made for us in his death and victorious resurrection, the Christian is motivated to live a pure and decent lifestyle. The code of conduct established gives guidelines for how we handle the times when sin overcomes us. The Christian is armed with the needed battle gear by keeping in the Word.

- ★ Strive for academic excellence
- ★ Prompt and regular in classroom attendance
- ★ Faithful attendance at scheduled events and practices
- ★ Eat healthy and caring for your physical needs
- ★ Strive each practice to use his/her God-given abilities to the fullest

The athlete should understand that his/her success on the court/field begins with their success off the court/field. Faithful and diligent study in the classroom is an essential component for each athlete. Accepting responsibility in the classroom carries over to accepting responsibility on the court or field. Encouraging and following good nutrition is also one way to give your best to your team.

Absences from practices and games, not only negatively affects the progress of the individual athlete, but more importantly, the team. Athletes should not put personal activities above the good of the team. Extended absences from a team may impact the athlete's role on the team. Individuals planning to be absent should meet with their coach prior to leaving. Consequences for missing practices/games will be addressed on an individual basis.

In the event that a practice or game conflicts with some family event, the athlete (or parents) should notify the coach as soon as possible.

“But God has combined the members of the body and has given greater honor to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it.”

*I Corinthians 12:24b-27*

## Parent Support of Athletic Programs

Parental support of the athletic program at Luther High School is an important part of its success. Parents are encouraged to support all members of the team as they work toward a common goal and purpose. Parent support comes in many forms: prayers for God-pleasing use of all talents showered on athletes and coaches, volunteer help throughout the season, monetary support, words of encouragement to players and coaches, God-pleasing procedures in dealing with problems.

There will be times when issues arise that may cause concerns among parents. When this occurs, the following principles are to be our guide:

- DO: Pray for God's blessings on all of our activities, for those who lead them and for those who participate in them.
- DO: Pray for God's guidance in tactfully raising concerns.
- DO: Speak directly with the coach or offending party. Open, forthright discussion will often lead to a complete understanding from both sides.
- DO: Find an appropriate, non-threatening time and place to address your concerns.

DO: Feel confident that coaches will listen and react in a God-pleasing manner to any issues raised.

DON'T: Write letters anonymously. They are not constructive and will be discarded without being read.

DON'T: Use email to replace face to face discussion with coaches regarding any concerns.

DON'T: Relay your concern to a coach at the conclusion of a game.

DON'T: Feel that your concern will not be addressed

DON'T: Remain silent for fear of retribution. Problems, whether perceived or real, are only solved through prayer and open discussion.

If, after speaking with the coach, you feel that a particular situation has not been addressed appropriately, please bring that concern to the athletic director and then to the principal.

Parents can also support their athlete's commitment to the team by:

- ★ Encouraging their athlete to demonstrate a team loyalty in all they do.
- ★ Showing respect to the coaching staff in all circumstances. If disagreements or concerns arise, deal with them quickly and in a God-pleasing manner (See above)
- ★ Planning family vacations outside of the team's season if possible. It is certainly understandable that this may not always be practical or possible. However, just as prolonged absences from school hinder the academic progress, these absences from practice also impact your athlete and thus the team.
  - Please note the "first practice" days for each sport.
  - The first day(s) / week(s) are often used by teams for tryouts which may include "cuts". There is no guarantee that a roster spot will be reserved for an athlete that misses these practices.
  - Extended absences from practices effects the conditioning athletes need to contribute to the team. The conditioning and reconditioning of athletes must always be considered for the safety of athletes after they return.
  - Extended absences from a team may impact the athlete's role on the team.
  - If planning a vacation or some other planned absence, please speak with the coach as soon as possible.
- ★ Looking for ways to support your athlete, other team members, other parents, and the coaches throughout the season.



### Abuse and Harassment

As kingdom workers it is our responsibility to care for those students whom the Lord has put in our charge. All coaches should be aware that innocent actions may be perceived by others differently than they were intended. Inappropriate actions such as physical abuse, verbal abuse, emotional abuse, sexual abuse, sexual harassment or the use of profanity will not be tolerated. Corporal punishment is not a part of our coaching philosophy.

### Amateur Status

According to Eligibility rules of the WIAA, all athletes must be amateurs in all recognized sports of the WIAA. Violation of amateur status is career ending. In general, high school athletes:

- 1) Should not accept, receive and/or direct to another, reimbursement in any form of salary, cash, or share of game or season proceeds for athletic accomplishments. A student may receive: school mementos valued not more than \$200, an award valued no more than \$100 retail, and may retain non-school competition apparel worn by the student as part of the team uniform.
- 2) May not sign a contract or agreement for services as a participating athlete.
- 3) May not receive compensation or benefit for the use of name, picture and/or personal appearance as an athlete.
- 4) May not be identified as an athlete in any form of advertising and/or profit making event.
- 5) May not play in any contest under an assumed name.

Refer to the WIAA Eligibility information at the end of this handbook for complete detail on WIAA amateur status guidelines.

### Athletic Fee

All students, regardless of team status or participation level, participating in sports (co-ops included) are required to pay an athletic fee. Athletic fees are due August 1 of each year. Athletes will not be allowed to participate until athletic fee is paid. 2017-18 fee structure is:

\$75	Per Sport
\$150	Individual Maximum
\$250	Family Maximum

Refunds will only be made if an athlete is cut from a team or never joins a team in which prepayment was made. Refunds will not be made for players who quit a team or who are removed from a team for academic and/or conduct violations. Athletic fees will not carry over from school year to school year.

## Attendance

A student-athlete must be in school **all day** in order to practice or participate in athletic contests on any given day of school. Bonafide medical appointments, attendance at funerals, and emergencies at home are excuses acceptable for not being at school the entire day and still being permitted to participate. Other excuses must be approved by the coach or advisor in consultation with the principal.

## Awards

Any athlete who makes an athletic team and completes the season as a member of that team will receive the following awards:

***Freshmen Numerals*** - Numerals will be presented for participation at the C-Team level. Only one set of numerals will be given to a freshmen athlete. A certificate of participation will also be awarded for each sport in which a freshman has successfully completed. Freshmen earning a letter or junior varsity certificate will receive their numerals in addition to the other awards.

***Junior Varsity Certificate*** - Junior varsity certificates will be awarded to participants on junior varsity teams or to players who did not achieve the varsity letter on teams where there is only a varsity level team.

***Varsity*** - A varsity letter will be presented to participants on varsity teams. Only one chenille letter will be awarded during an athlete's years at Luther. For each varsity letter achieved, a varsity certificate will be awarded along with a pin for the particular sport. Team captains will also receive a star. Managers and statisticians will receive a certificate along with the appropriate manager or statistician pin.

For competitive sports, framed certificates will also be given in recognition for the following as determined by the coach:

*Most Valuable Player*  
*Most Improved Player*  
*Hustle Award*

These certificates will be uniform for all sports.

The following is the criteria established by each sport for varsity awards.

Cross-Country:	3 years participation, or selection for sectional competition (including alternates), or achieving a time under 20 minutes for half of the season's races
Football:	Make and complete the varsity team season
Volleyball:	Make and complete the varsity team season
Tennis: (Boys & Girls)	Must actively participate in 1/2 of the varsity matches (singles or doubles)
Football Pom Squad:	Successful completion of the season
Basketball Pom Squad:	Successful completion of the season

Basketball: (Boys)	Make and complete the varsity team season
Basketball: (Girls)	Make and complete the varsity team season
Gymnastics:	$\frac{3}{4}$ of varsity meets on at least 1 event, including conference and sectional.
Hockey:	Established host Co-op team.
Wrestling:	Participation in 1/4 of all matches and successful completion of the season.
Baseball:	Make and complete the varsity team season
Golf:	Participation in 1/3 of the varsity meets
Softball:	Make and complete the varsity team season
Track: (Boys & Girls)	Earn an average of 2 points per meet or 3 years of participation

\* *For all sports, attendance at all practices and games is expected unless excused in advance by the coach.*

\*\* *Note - In all cases, special situations may arise. Each coach will carefully weigh all options and through consultations with the athletic director and colleagues will arrive at a decision.*

## **Senior Awards**

### ***Male / Senior Athletes***

*One male and one female senior athlete may be selected using the following criteria:*

- 1. A Senior in good standing.*
- 2. Minimum of six (6) varsity letters in competitive sports.*
- 3. Demonstration of Christian Principles – on and off the field (court).*
- 4. Maintenance of good rapport among peers and with coach(es).*
- 5. Demonstration of leadership.*

*Note: Code of Conduct violations will be considered when determining this award.*

### ***Mens Sana Corpore Sano (Sound Mind in a Sound Body)***

*One male OR female senior athlete may be selected using the following criteria:*

- 1. A Senior in good standing.*
- 2. Minimum of four (4) varsity letters in competitive sports.*
- 3. A Luther High Honor Student (as determined by honor points).*
- 4. Demonstration of leadership.*

*Note: Code of Conduct violations will be considered when determining this award.*

*Co-selections may be possible for the awards listed above.*

### ***WIAA Scholar Athlete***

*One male OR female senior athlete may be selected criteria established by the WIAA.*

*Current criteria is available on the WIAA website under the Scholar Athlete tab.*

*Note: Code of Conduct violations will be considered when determining this award.*

Selections for all Senior Awards are made by the Called athletic Staff at Luther High School.

## **Concussion Awareness – Management Procedures**

Wisconsin state law mandates that, “At the beginning of a season of youth activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who will be coaching that youth athletic activity and to each person who wishes to participate in that youth activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if he or she is under the age of 19, by his or her parent or guardian.”

To comply with this state law, all athletes must review the concussion awareness pamphlet and return the signed concussion agreement form. This must be completed before the first day of practice for each season. The Concussion awareness forms and agreement form may be found on the Luther High School athletic home page. Completion of this concussion awareness form is only needed once per school year.

Luther High School also utilizes the ImPACT concussion testing baseline program. All athletes participating in Football, Volleyball, Basketball, Wrestling, Hockey, Baseball, Softball, and the following Track & Field events: Hurdles, Pole Vault, and High Jump will take the baseline test prior to their first season of sport at Luther and again in the Junior year. This baseline test, administered by the athletic trainer (Gundersen Health), is confidential and utilized by medical personnel later in the event the athlete is diagnosed with a concussion during practice or competition.

### **Eligibility - Academic**

A student becomes ineligible for co-curricular activities and organizations with a failing grade in any class at the end of the second, fourth, sixth, and eighth terms. Ineligible students may not participate in or attend their activity until eligibility has been restored. A student may regain eligibility by completing the Eligibility Reinstatement Form from the Registrar. A student who is ineligible at the end of the first semester may complete the Eligibility Reinstatement Form after 5 school days. A student who is ineligible at the end of the second semester will be ineligible beginning the first day of the next school year (summer practices don't apply) and may complete the Eligibility Reinstatement Form after 5 school days. Upon the recommendation of the advisor, a student may be declared ineligible at any time.

A student who receives two failing grades, falls under a 15 scheduled school days and nights ineligibility period as required by the WIAA. A student-athlete may begin participation on the 16<sup>th</sup> scheduled school day after he/she is declared eligible by the faculty eligibility committee.

Students who are academically ineligible may not practice and/or compete in any contests until eligibility is reinstated by the eligibility committee.

### **Eligibility - Conduct**

In order to carry out the conduct code, the following procedures are representative of the process used for disciplinary purposes. We also need to realize from the outset that bringing the student to the cross of Christ is the only power and strength that can change the heart, and secondly, that God

has placed parents in the role of authority for nurturing and disciplining His children. Since these sins adversely affect the praise that is due God alone and are sins of our society that are currently receiving much attention, Christ-centered disciplinary measures may need to be administered in order to point out the seriousness of the sin.

Proper disciplinary action, which could lead to expulsion, will be enforced for the welfare of each student and the student body.

***Violations of the conduct code include, but are not limited to:***

- 1) Purchase, possession, distribution, or drinking of alcoholic beverages.
- 2) Purchase, possession, distribution, or use of illegal drugs, look-alike drugs, or drug paraphernalia.
- 3) Purchase, possession, distribution, or use of tobacco, E-cigarettes, vapor pens, and the like.
- 4) Attendance at events(parties) where drugs and/or alcohol are being consumed or used, even though the student was not personally involved in the use of alcohol or other drugs. ***(It would be wise for students to carefully consider their attendance at events/parties prior to actual attendance.)***
- 5) Insubordination or illegal acts or conduct in direct violation of the philosophy of Luther High School.

Any student who violates any of the five points above and who is apprehended by the police, or seen by a Luther High School faculty/staff member, or by an independent reliable source which is corroborated, will be subject to the guidelines listed below. This discipline is administered with the hope of assisting parents to bring the Law and Gospel to the soul of the student. ***This conduct code is in effect throughout the entire calendar year and complies with WIAA guidelines.***

As a general rule, athletes in violation of the code of conduct are not eligible for nominated awards. Each situation will be carefully reviewed.

An athletic discipline committee, consisting of the Dean of Students (chair), Athletic Director, and a designated coach will consider each case and determine all discipline. The designated coach will be appointed by the Dean of Students from the Called Staff and will not be part of the coaching staff of the athlete in question.

***Athletic penalties for violation of conduct code***

- First Offense:** 25% of the regular scheduled contests by Luther High School.
- Second Offense:** 50% of the regular scheduled contests by Luther High School.
- Third Offense:** Calendar-year suspension (Twelve months from date of penalty)
- Fourth Offense:** Termination of any athletic participation for the remainder of high school attendance

Game Suspension Chart					
25%		50%			
Total Games	Games Suspended	Total Games	Games Suspended	Total Games	Games Suspended
1-4	1	1-2	1	15-16	8
5-8	2	3-4	2	17-18	9
9-12	3	5-6	3	19-20	10

13-16	4		7-8	4	21-22	11
17-20	5		9-10	5	23-24	12
21-24	6		11-12	6	25-26	13
25-28	7		13-14	7		

- a. Athletes will remain part of the team and must practice while under the athletic discipline.
- b. Post-season tournament games or matches may be part of the suspension. If the penalty results in a student being suspended for one or more WIAA tournament competitions, the student is immediately disqualified for the remainder of the total tournament series in that sport per WIAA rule.
- c. If a student is not involved in a sport at the time of the violation, the suspension will begin at his/her next involvement with a team sport. A student may join a team on which they have not previously participated to serve the suspension. They must complete the season in good standing however, for the suspension to be considered served.
- d. If the suspension is not completely fulfilled during one sport season, it will be proportionately carried over to the next season of participation. The duration of this suspension will be determined by the athletic discipline committee.
- e. Students, who in good faith, refer themselves, or parents who refer their son or daughter for help in dealing with these conduct code violations may have their penalty reduced. A self-referral that takes place within 24 hours of the offense will have a 1 game suspension (1<sup>st</sup> offense only). Reductions for self-referrals after the 24-hour window will be considered by the athletic discipline committee.
- f. Athletes suspended for conduct code violations will travel with the team on the bus/vehicles to contests (with the exception of overnight trips). These suspended athletes will remain on the bench or sidelines with the team in street clothes.

It is the intent of this entire conduct policy to reinforce the proper Christian response to difficult situations that arise in our youths' lives. We recognize that the temptations of Satan are great and at times, our student-athletes will make choices that are not God-pleasing. This conduct policy is in place to support and help student-athletes make God-pleasing choices after the sin. It is intended to encourage student-athletes to recognize and admit their sin so that the sweet message of the Gospel and forgiveness can be afforded to them.

In summary, do some investigating prior to attendance at parties to make sure it is a "clean" party. If alcohol or drug use presents itself at a party; leave immediately or remove the violators. Finally, inform the proper authorities of such inappropriate actions. Remember, in all that we do, "do it all to the glory of God".

### **Eligibility – Appeals Process**

Parents/athletes have the right to appeal the decision of the athletic discipline committee. An appeal should be made in writing to the Dean of Students within 2 days of the parent/athlete notification of the discipline. The appeal should include the reason(s) for which it is being requested. Upon receipt of the written appeal, the Dean of Students will inform the Principal. The appeal will be heard by the Appeals Committee, consisting of the Board of Control Chairman (or his appointee), the Board of Control Education Committee Chairman (or his appointee), the Principal and an appointed Luther High School teacher. (The teacher shall not be the coach, whether head or assistant, of the athlete for whom the

appeal is requested.) The appeals committee will meet within 2 days of the receipt of the written appeal. The ruling by the appeals committee will be final. The athlete will remain ineligible through the appeals process.

### **Eligibility - Detentions**

Athletes may be declared ineligible for accumulating three detentions during the school year. Refer to the “Detention” section of the student handbook for more information.

### **Eligibility - Dual Participation**

Athletes are not permitted to participate on more than one school sponsored athletic team per season.

During a given sport season, athletes may not compete in that sport as an individual or with a team (including intramurals) other than his/her high school team. Participation on a team other than the high school team will make the athlete ineligible according to WIAA policies. (Example: a student participating on a Luther basketball team could not participate on a YMCA or club team during the winter sport season.)

### **Eligibility - Residency**

According to WIAA policy pertaining to private schools, students at Luther High School must reside full-time in their parents’ primary residence in order to be eligible. The residence of the custodial parent shall determine eligibility of a student in situations involving divorce or legal separation of parents. It is not considered a violation for students to stay at the homes of others for social events, late night games, weather related concerns, or whenever the safety of the student would be compromised.

Students not residing full-time in the primary residence of their parents may request a waiver from this rule. Waivers are requested by Luther High School on behalf of the student. Anyone wishing to apply for a waiver should do so well in advance of any sport participation. Contact the athletic director for more information.

### **Eligibility - Suspensions**

Any student-athlete who has been suspended from school for disciplinary reasons is prohibited from participating in athletics until the matter is resolved.

### **Facility Use**

In general all athletes and coaches should be considerate and responsible for all the facilities at Luther High School. Care should be taken to leave the facility in a neat and organized manner at the conclusion of your activity. The locker room area has the following guidelines:

- a. State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except for emergency situations.

- b. Roughhousing and throwing of any objects is not allowed in the locker room.
- c. Hazing of other players is not allowed.
- d. No food or drink of any kind is allowed in the locker rooms. No glass containers of any kind are allowed.
- e. All spiked or cleated shoes must be put on and taken off outside the building. The concrete pad in the back of the building has been constructed for this purpose.
- f. Keep the locker room area clean.

### **Permission to Participate (Blue Card)**

Parental permission to participate in sport is required each year. This consent to participate card (blue) includes the Co-Curricular Registration, Participation Permission, and WIAA Eligibility Acknowledgement. This form must be completed, signed and filed with the athletic director before any physical participation will be allowed. This acknowledgement form (blue card) is available in the main or athletic office.

### **Physicals (Green Card)**

Before any student-athlete can participate in any practice or contest, he or she must have passed a physical examination by a qualified physician. This examination must have taken place on or after April 1 of the upcoming school year and within two years of the beginning of participation. A physical card (available from the school office or athletic director) must be completed, signed by the physician and parent or guardian. This card must be kept on file with the athletic director before any physical participation of any kind will be allowed.

### **Social Media**

Student-athletes are reminded to make use of the many forms of social media in a God-pleasing manner. Posting confidential information, derogatory, discriminatory, negative or sexist messages or photos on social networks, (ie Facebook, Twitter, Snapchat, Instagram etc.) is harmful to your neighbor's reputation and not reflective of the sanctified lifestyle of God's children. Student-athlete misconduct through these media outlets will be dealt with on an individual basis and may include suspension of practice/games/meets/matches etc.

### **Transportation**

Transportation will be arranged for student-athletes to all off campus contests. Student-athletes must ride to the contest and return back to Luther High on the school-arranged transportation unless special circumstances require them to travel by alternate means.

Permission for a student-athlete to travel to or from any off campus school athletic event by non-school transportation may be done in two ways:

1. Completion of the travel release form given to the coach prior to departure. (Forms are available at the end of the handbook or in the school office.)
2. If the student-athlete will travel home with parents after the conclusion of a contest, the parent or guardian may speak directly with the coach.



Every attempt will be made to restrict student athletes from riding with other students. In case of special needs, parent notification and consent must take place by the coach before the event.

Specific procedures for sign-out of athletes from traveling on the bus will be addressed at the beginning of each sport season by the coaches.

### **Undue Influence for Participation**

It is the philosophy of the athletic department that student-athletes should enjoy as many sport seasons as they and their parents wish, free from any undue influence to specialize in any one sport.

Commitment to the team is an important aspect of sport. With this in mind, athletes who quit a team after the team's first contest will be ineligible to participate on another team in the same sport season. Athletes who quit a team prior to the first contest may not join or practice with another team until a meeting takes place between the athlete and both coaches.

Student-athletes cut from one sport may, however, try out for another sport providing they were not cut from the first sport for disciplinary reasons and providing cuts were not already made for the second sport.

### **Uniforms & Equipment**

1. The student-athlete is responsible for the care, safekeeping, and return of all uniforms and equipment assigned to him or her.
2. Students will be responsible for the full replacement cost of items of school equipment or uniforms that are not returned or returned damaged.
  - a. At the conclusion of the season, each coach will establish a date in which all uniforms should be washed and returned. Parents of athletes who have not turned in uniforms / equipment at this time will be sent a letter requesting the return of uniform / equipment or payment for replacements.
  - b. Athletes will not be allowed to participate in their next season until all uniforms and equipment are returned or payment has been made.
3. Uniforms are not to be used as personal wearing apparel. With the consent of the head coach, uniform tops may be worn on certain game days.

**LUTHER HIGH SCHOOL  
CONTEST TRAVEL RELEASE**

This is to certify that \_\_\_\_\_ has my permission to ride (to-from-both)  
*(Student's Name)(s)* *(Circle one)*

the \_\_\_\_\_ athletic contest on \_\_\_\_\_ at \_\_\_\_\_.  
*(sport)* *(date)* *(location of contest)*

I certify that I am personally transporting the above-named student(s), or have arranged for transportation with \_\_\_\_\_.  
*(Adult non-student)*

I understand that Luther High School athletic rules require that students ride the buses to and from all athletic events and a departure from this requirement will release Luther High School from all liability for any adverse results that may occur.

I agree to release Luther High School and its employees and officers from all liability with Reference to the above- stated transportation.

\_\_\_\_\_  
*(Signature of Parent or Guardian)* *(Date Signed)*

**Return or fax (608 / 781-7042) this form to Luther High prior to the contest.**

**LUTHER HIGH SCHOOL  
CONTEST TRAVEL RELEASE**

This is to certify that \_\_\_\_\_ has my permission to ride (to-from-both)  
*(Student's Name)(s)* *(Circle one)*

the \_\_\_\_\_ athletic contest on \_\_\_\_\_ at \_\_\_\_\_.  
*(sport)* *(date)* *(location of contest)*

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I agree to release Luther High School and its employees and officers from all liability with Reference to the above- stated transportation.

\_\_\_\_\_  
*(Signature of Parent or Guardian)* *(Date Signed)*

**Return or fax (608 / 781-7042) this form to Luther High prior to the contest.**



**2018-2019 High School Athletic Eligibility Information  
Bulletin**

To: Student-Athletes and Their Parents  
From: Wisconsin Interscholastic Athletic Association and

LUTHER HIGH SCHOOL  
(School)

Your high school is a member of the Wisconsin Interscholastic Athletic Association. The following rules and regulations are developed by the member schools of the WIAA and govern the participation by boys and girls in school athletics and in some instances, impact upon sports activities outside the school.

This information bulletin is a **summary** of the WIAA OFFICIAL HANDBOOK as it pertains to those rules and regulations. Both student-athletes and their parents should have an understanding of these requirements. Equally important is that student-athletes and/or parents talk to their principal or athletic director if they have any question about these regulations. For additional information on Rules of Eligibility see the WIAA Handbook, or visit the WIAA website at [www.wiaawi.org](http://www.wiaawi.org).

This bulletin does not discuss specific penalties for all violations. The reason is that penalties vary depending upon the nature of the violation. In addition, schools often have established penalties or periods of ineligibility, which are greater than the minimum prescribed by WIAA rules.

There also are exceptions and other permissive provisions in some rules. Student-athletes and their parents should discuss all athletic eligibility related situations with the school principal or athletic director who, if necessary, will get a decision, interpretation, or opinion from the WIAA office.

**Student-athletes, as well as parents are asked to read this bulletin, and then sign it and have their signature statement (attached) on file at their school prior to practicing and competing.**

These are WIAA eligibility rules, which are **current for the 2018-2019 school year**:

**AGE**

A student shall be ineligible for interscholastic competition if he/she reaches his/her 19th birthday before August 1 of any given school year.

**ACADEMICS**

A student-athlete must meet school and DPI requirements defining a full-time student and have received no more than one failing grade (including incompletes) in the most recent school issued grade reporting period. Note: Some member schools adopt code and academic policies and other participation requirements which are more stringent than WIAA minimum requirements. In those instances, the school's requirements prevail and must be applied as written.

**ATTENDANCE**

A student-athlete is eligible for interscholastic competition at a member school if he/she is carried on the attendance rolls as a duly enrolled full-time Grade 9, 10, 11 or 12 student in that member school. (Subject to satisfying all other eligibility requirements.)

Note: A full-time student is further defined as one where the member school is responsible for programming 100% of the student's school day. The student is eligible for like or similar awards, privileges and services as all the other students and meets all obligations and responsibilities as other students, without exception.

- A. A student must complete eligibility in the four consecutive years starting with Grade 9 and the three consecutive years starting with Grade 10, unless there are documented extenuating circumstances and a waiver has been provided.
- B. A student is ineligible if he/she has graduated from a school offering studies through Grade 12 or its equivalent.
- C. A student who graduated in May or June retains eligibility for (a) any portion of a spring athletic schedule not completed by the end of the academic year and (b) the school's summer athletic schedule.
- D. A student is ineligible if he/she has not been enrolled in some school by the 17th day of a semester or trimester, except upon request of a school in special cases involving sickness, accident, military service, social services assignment, e.g.
- E. A student-athlete may not participate in school sports in more than four different years, and a student-athlete may not participate in the same sport more than one season each school year.

**DETERMINING RESIDENCE FOR PUBLIC SCHOOL STUDENTS**

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only at the school within whose attendance boundaries his/her parents reside, within a given school district, with these additional provisions:

- A. Board of Education approved full-time student(s), paying their own tuition and residing full time with parents in their primary residence shall be afforded eligibility. Transfer students are subject to provisions outlined in the transfers section of this document and in the Senior High Handbook.

- B. The residence of a student's guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
- C. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility, except in situations involving transfer after the fourth consecutive semester following entry into grade 9. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the transfer and/or waiver provisions as described in the WIAA HS Handbook.
- D. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state and is enrolled in a district approved program may be eligible at either school (first priority to school of residence) but (a) may not participate at both schools in the same year and (b) academic ineligibility accompanies student upon transfer. Transfer restrictions may also apply.
- E. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state or who is participating full time in a legislated open enrollment option must meet all statutory timeline requirements. This provision extends the opportunity to decline attendance at the new school and continue at his/her school of residence. If the student begins the school year at the new school and then transfers back to school of residence after attending one or more days of school or one or more athletic practices, he/she shall be subject to transfer provisions as outlined in the transfer Section of this document.
- F. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's attendance boundaries, provided enrollment is continuous (unbroken in that school).
- G. After a student-athlete has not participated and/or has had their eligibility restricted for one calendar year due to reasons relating to residence and/or transfer, he/she becomes eligible.
- H. A student-athlete will not be eligible if his/her attendance at a particular school resulted from undue influence (special consideration because of athletic ability) on the part of any person.
- I. A student-athlete who has been declared ineligible at a school for disciplinary reasons, academic reasons or due to another State Association's provision retains that ineligibility status if he/she transfers to another school.
- J. Except in situations involving transfer after a student's sixth consecutive semester, a full-time student whose residence in a given district and attendance at a member school does not conform with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers. Transfer students are subject to transfer provisions as outlined in the transfer section of this document and in the Senior High Handbook.

#### **DETERMINING RESIDENCE FOR NONPUBLIC SCHOOL STUDENTS**

A full-time student, whether an adult or not, is eligible for varsity interscholastic competition only if the student is residing full time with parents in their primary residence with these additional provisions:

- A. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility except in situations involving transfer after a student's fourth consecutive semester. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year'. Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the waiver provisions as described in the WIAA HS Handbook under Waivers. Transfer restrictions may also apply.
- B. Residing full time with guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
- C. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's traditional attendance area, provided enrollment is continuous (unbroken in that school).
- D. A student who has been in attendance in a nonpublic, self-contained school (i.e. grades K-12 or 7-12) for at least one complete school year prior to reaching Grade 9 and has not broken enrollment during that time is eligible in that nonpublic school upon entering Grade 9.
- E. Except in situations involving mid-year transfer and/or transfer after the fourth consecutive semester students attending member residential schools shall be eligible at the member school provided they reside at the school or reside full time with parents in their primary residence.
- F. Except in situations involving transfer after a student's sixth consecutive semester, a full-time student attending a nonpublic school but not residing in accordance with any of the provisions outlined above shall be eligible for nonvarsity competition only, for one calendar year, unless a waiver is provided as outlined in the WIAA HS Handbook under Waivers.

#### **TRANSFERS**

A full-time student may be afforded up to eight consecutive semesters of interscholastic eligibility upon entry into Grade 9. **Transferring schools at any time may result in restrictions being imposed on eligibility, or in some cases a denial of eligibility.** For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' These additional provisions relate to transfer cases:

- A. A student who transfers from any school into a member school after the sixth consecutive semester following entry into Grade 9 shall be ineligible for competition at any level for one calendar year, but may practice, unless the transfer is

made necessary by a total and complete change in residence by parent(s). The calendar year (365 days) will be determined from a student's first day of attendance at the new school.

- B. Open enrolled and/or tuition paying students entering 9th and/or 10th grade at the beginning of the school year and who are within the first four consecutive semesters of high school will be afforded unrestricted eligibility provided all other rules governing student eligibility are met.
- C. Open enrolled and/or tuition paying students entering 11th grade are restricted to nonvarsity opportunities for one calendar year.
- D. Open enrolled and/or tuition paying students entering 12th grade as transfer students are ineligible to compete at any level for one calendar year, but may practice.
- E. 9th grade students who transfer after the beginning of the school year and with written consent from both schools directly involved shall be restricted to nonvarsity opportunities for the remainder of the school year. Restrictions are removed upon entering 10th grade.
- F. 10th or 11<sup>th</sup> grade students who transfer after the beginning of the school year and with written consent from both schools directly involved shall be restricted to nonvarsity opportunities for one calendar year (365 days beginning with first day of attendance at the new school).
- G. In the event of divorce or legal separation, whether pending or final, residence at the beginning of the school year shall determine eligibility for students entering 9th and/or 10th grade. In situations involving transfer after the sixth consecutive semester following entry into grade 9 the student is ineligible to compete at any level for one calendar year, but may practice.
- H. District policies with respect to intra-district transfer do not supercede WIAA transfer rules in situations involving post-sixth semester transfers. Intra-district transfers occurring after the sixth consecutive semester following entry into grade 9 result in the student being ineligible for competition at any level for one calendar year (365 days beginning with first day of attendance at the new school), but may practice.
- I. Unless transfer, including an accompanying total and complete change of parents' residence, is effective at the outset of a semester, a student cannot establish eligibility at his/her new school until the fifth calendar day of such transfer.
- J. If within the first four consecutive semesters following entry into grade 9, a student who transfers more than once in any given school year shall be ineligible for all interscholastic competition for the remainder of that current school year and will be eligible for nonvarsity opportunities only for the balance of the calendar year. In situations involving transfer after the sixth consecutive semester following entry into grade 9 the student is ineligible to compete at any level for one calendar year, but may practice.
- K. A student may not have eligibility in more than one member school at the same time. A parent or parents who move from a primary residence within one school's attendance boundaries, to a secondary residence within another school's attendance boundaries, may be required by the Board of Control to provide evidence of a total and complete move.
- L. A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons, academic reasons and/or as a result of another State Association's regulation or sanction, retains such status at his/her new school for the same period as decreed by the former school. A student who transfers due to expulsion or removal for disciplinary reason from the previous school is ineligible for the length of the expulsion as determined by the previous school's Board of Education.
- M. No eligibility will be granted for a student whose residence within a school's attendance boundaries, with or without parents, or whose attendance at a school has been the result of undue influence (special consideration due to athletic ability or potential) on the part of any person, whether or not connected with the school.

#### **PHYSICAL EXAMINATION and PARENT'S PERMISSION**

A student-athlete whether an adult or not, must have written permission of parents to participate in school athletics, an emergency information form, and he/she must have a physical examination (signed by a licensed physician, physician's assistant or advanced practice nurse prescriber) every other school year.

A physical examination taken April 1 and thereafter is valid for the following two school years. Physical examination taken before April 1 is valid only for remainder of that school year and the following school year.

#### **TRAINING and CONDUCT**

A student-athlete must follow his/her school's code of conduct (training rules) on a year-round basis.

- A. A student-athlete who violates his/her school's code of conduct during the season of a sport (start of practice to final game) must be suspended from competition for a period of time specified in the code (minimum of one meet) if the violation involves (a) possession and/or use of alcohol, (b) possession and/or use of tobacco, including chewing tobacco and (c) use, possession, buying or selling of controlled substances, street drugs and performance enhancing substances (PES).
- B. The member school will determine minimum penalties for violation of any other provisions of its code of conduct, including out of season offenses and for any other unacceptable conduct contrary to the ideals, principals and standards of the school and this Association including but not limited to criminal behavior.
- C. A student-athlete who violates his/her school's code of conduct at times other than during the actual season of a sport must be disciplined by the school, the nature of such discipline to be determined by the school as indicated in its code of conduct.

- D. A student-athlete who violates any part of the school or WIAA's code of conduct resulting in suspension for any portion of WIAA-sponsored tournament competition must be immediately declared ineligible for the remainder of tournament series in that sport. During the WIAA Tournament, an ineligible athlete may not suit up.
- E. A student-athlete, disqualified from a contest for flagrant or unsportsmanlike conduct, is also suspended from the next competitive event.
- F. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.
- G. A school must provide an opportunity for the student to be heard prior to a penalty being enforced. If a student appeals a suspension, according to the schools appeal procedure, the student is ineligible during the appeal process.
- H. Schools/individuals are prohibited during the regular season and the WIAA tournament series from practicing for regional, sectional, and state tournament preparation at sites and facilities hosting WIAA tournaments.

#### **AMATEUR STATUS**

A student-athlete must be an amateur in all recognized sports of this association in order to compete in any WIAA sport.

- A. A student-athlete may not accept, receive or direct to another, reimbursement in any form of salary, cash or share of game or season proceeds for athletic accomplishments, such as being on a winning team, being selected for the school varsity team, or being a place winner in an individual tournament, e.g.
- B. A student-athlete may receive: a medal, cup, trophy or plaque from the sponsoring organization regardless of cost; school mementos valued not more than \$200; an award valued not more than \$100 retail for participation in an athletic contest in a WIAA recognized sport; and may retain non-school competition apparel worn by the student as part of the team uniform.
- C. A student-athlete may not receive compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete because of ability, potential and/or performance as an athlete.
- D. A student-athlete may not receive free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for any and all interested students.
- E. A student-athlete may not be identified (with or without permission) as an athlete, provide endorsement as an athlete or appear as an athlete in the promotion of a commercial/advertisement and/or profit-making event, item, plan, or service.
- F. A student-athlete may not participate in school athletics or in sports activities outside the school under a name other than his/her own name.

#### **SPORTS ACTIVITIES OUTSIDE OF SCHOOL**

Athletes may compete in not more than two non-school competitions with school approval during each regular sport season. The contest(s) will not count against the individual maximum for the athlete in that sport. Nonschool competition will not be allowed during the respective WIAA tournament series in a sport. Violation of this rule results in loss of eligibility for the remainder of the season (including the WIAA tournament series) and forfeiture of the two non-school opportunities.

- A. WIAA rules do not prevent athletes from practicing with nonschool teams or from receiving private skills instruction during the school season. However, they may not participate officially or unofficially (including "banditing") in more than two nonschool competitions or races, including scrimmages against other teams (with school approval).
  - (1) This restriction applies to normal nonschool games as well as "gimmicks," such as reduced numbers competition (3-on-3 basketball, 6 player soccer, e.g.), specific skill contests (punt, pass, and kick, shooting contests, free throws, 3 point, e.g.), fun runs, etc.
  - (2) During the season, athletes may participate in a skills contest with approval of the school. Specific skill contests (punt, pass, and kick, shooting contests e.g., free throws, 3 point, drive, chip and putt) isolate separate skills outside of the traditional competition setting. The skill contest may not include physical contact or extreme fatigue as the actual sport competition. Fun runs are not considered skills contests. There can be no school coach involvement. All other eligibility rules including amateur status apply.
  - (3) A student who was a member of a school team during the previous year may not delay reporting for the school team beyond the school's official opening day of practice in order to continue nonschool training and/or competition.
- B. During the school year before and/or after the school season of a sport and in the summertime, members of a school's team may voluntarily assemble with their teammates (without school and/or school coach involvement) at their own discretion.
- C. A student-athlete or his/her parents must pay 100% of the fee for specialized training or instruction such as camps, clinics, and similar programs.
- D. A student-athlete may not be instructed except during the school season of a sport and approved summer contact days by the person who will be his/her coach in that sport in the following school season. All sports except football are exempt from this rule, BUT only (a) during the summer months and (b) if the program involved is not limited to individuals who are likely to be candidates for the school team in that sport in the following season.
- E. A student-athlete must not participate in an all-star game or similar contest except for summertime activities (a) within the same league or program (e.g., softball game between divisions of same league) or (b) in which a team is selected to represent a league in post-season play (e.g., Babe Ruth league team). Some post-season all-star opportunities may

be permitted for 12th graders who have completed high school eligibility in a particular sport. Check with your Athletic Director to be certain.

- F. Schools/individuals are prohibited during the regular season and the WIAA tournament series from practicing for regional, sectional, and state tournament preparation at sites and facilities hosting WIAA tournaments.

#### **USE OF STUDENT IMAGE**

The participation of student-athletes in school and WIAA tournaments may result in the use of student-athlete images in promotion of school and WIAA events.

***In order to facilitate good communication, all questions regarding athletic participation at your school should be addressed to your athletic administrator.***

4/18